

Stichera at "Lord, I Call"

The First Sunday of Lent - The Sunday of Orthodoxy

Tone 6
Sticheron 1

Optina Monastery Chant
Model melody: "Having placed all their hope"

Soprano
Alto

O Lord, Whom nothing can con - tain — or grasp,

Tenor
Bass

from all eternity Thou hast shone forth from the Fa - ther

be - fore the morn - ing star. The Prophets, inspired

by the Ho - ly Spir - it, fore - told that

[Thou wouldst take flesh. . .]

Thou wouldst take flesh and assume the form— of a child,

from her who is ever - vir - gin. Thou didst live a-mong—

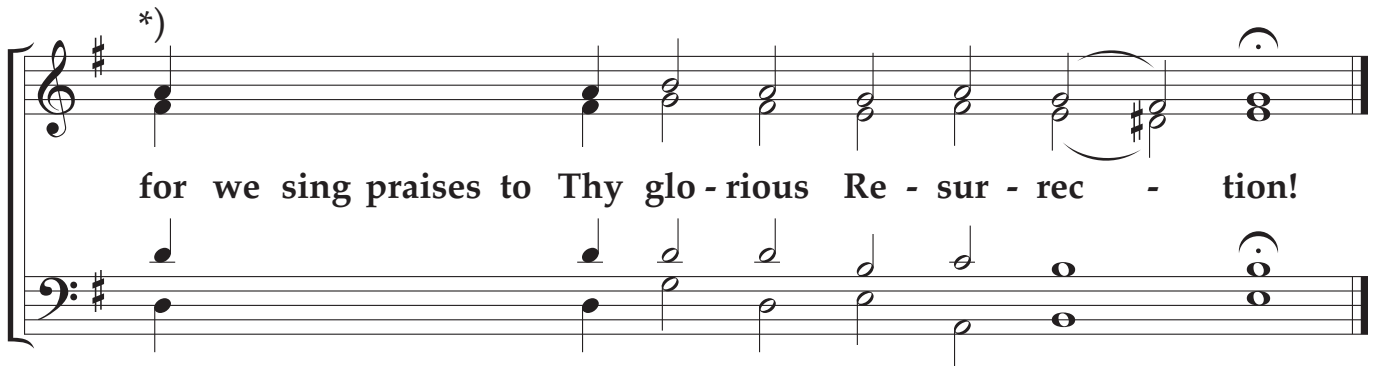
men;— Thou wast seen by material cre - a - tion.

Through the prayers of the Prophets, O com-pas - sion-ate One,

make us worthy to re - ceive— Thy— light, //

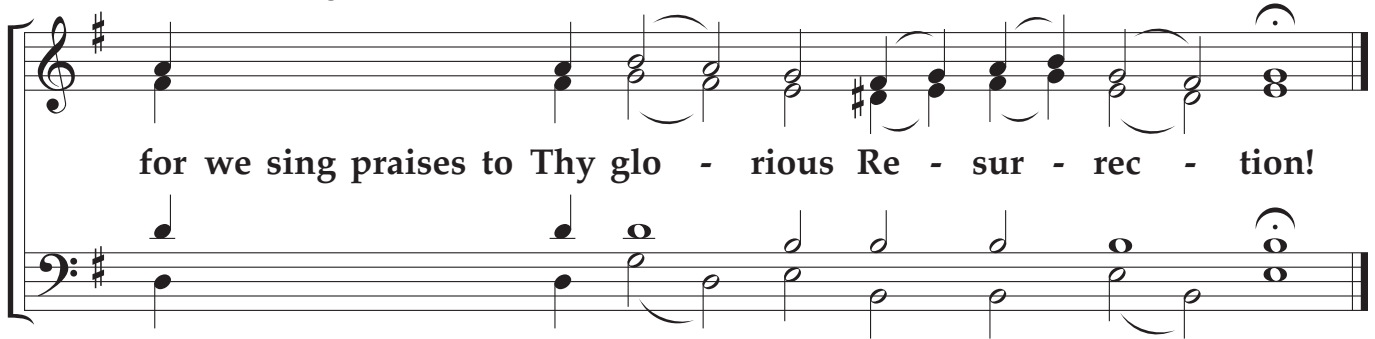
[for we sing praises . . .]

**)*



for we sing praises to Thy glo - rious Re - sur - rec - tion!

**ALTERNATIVE ENDING:*



for we sing praises to Thy glo - rious Re - sur - rec - tion!

Sticheron 2

The Proph - ets bore the fruit of e - ter - nal life;

they prepared the way — of the Lord. By their words

they pro - claimed — Thee; by their deeds they hon - ored

Thee: — they would not wor-ship creation instead of Thee, the Cre -

a - tor. As Thy Gos - pel commands they re -

[(re)-nounced the world.]

nounced— the world. They foretold Thy Passion by suf-fer-ing them-

selves.— Through their prayers,— O Lord, // enable us to

pass over the bat - tle - field of Lent with - out sin!

**ALTERNATIVE ENDING:*

pass over the bat - tle - field of Lent with-out sin!

Sticheron 3

Thou art in - finite in Thy divine nature, O Mas - ter;

in these latter days Thou didst accept the limi - ta - tions of the

flesh. By as - sum - ing our body, Thou didst accept all its

weak - ness - es. Therefore we make im - ag - es of Thy

form; we ven - er - ate them, hav - ing Thee in mind.

[We fall down before Thee . . .]

We fall down be - fore Thee in love; by so doing

we follow the tradition of the A - pos - tles //

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and are giv - en the grace of heal - ing.

*ALTERNATIVE ENDING:

and are giv - en the grace of heal - ing.

Sticheron 4

To-day the Church of Christ receives honorable a-dorn -

ment: the holy icons of Christ our Savior, the Theotokos, and

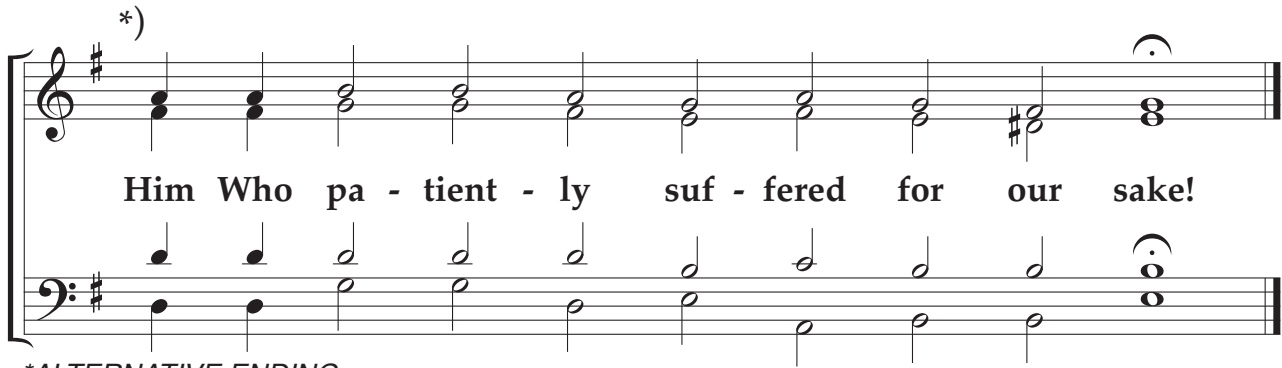
all the Saints. The Church ex-ults in their grace!

We lift them up with joy and glad-ness!

We glo-ri-fy God, the Lov-er of man, //

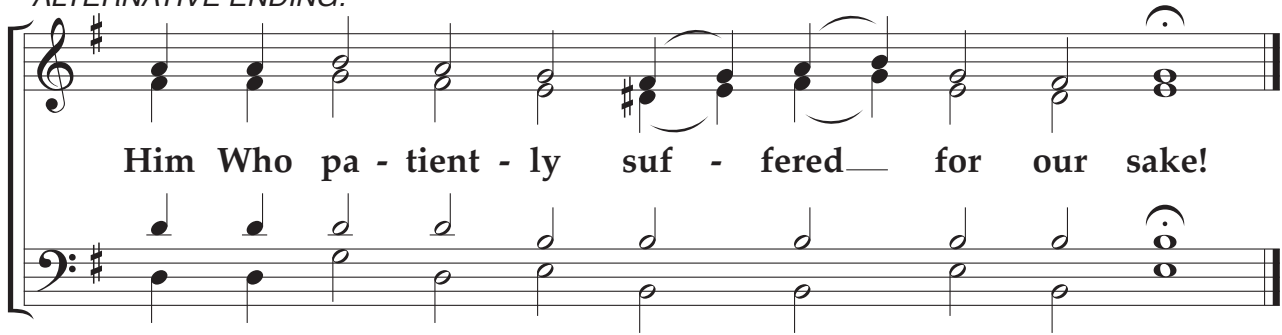
[Him Who pa-tient-ly . . .]

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Him Who pa - tient - ly suf - fered for our sake!

**ALTERNATIVE ENDING:*



Him Who pa - tient - ly suf - fered — for our sake!