

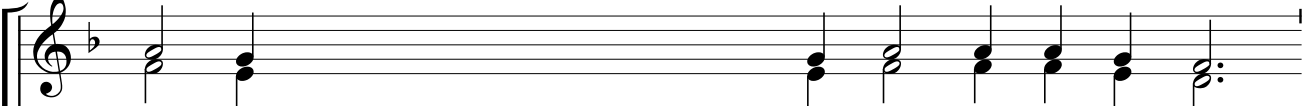
Stichera at the Aposticha

Triodion - Second Monday (Sunday Evening Vespers)

Tone 8
Sticheron 1

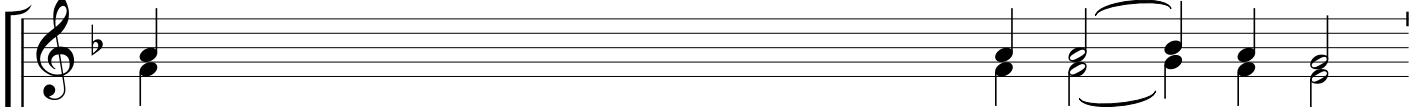
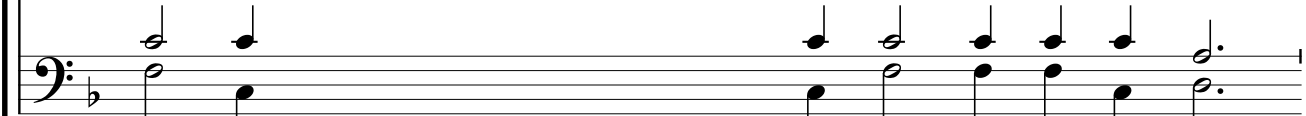
Common Chant
arr. from L'vov/Bakhmetev

Soprano
Alto

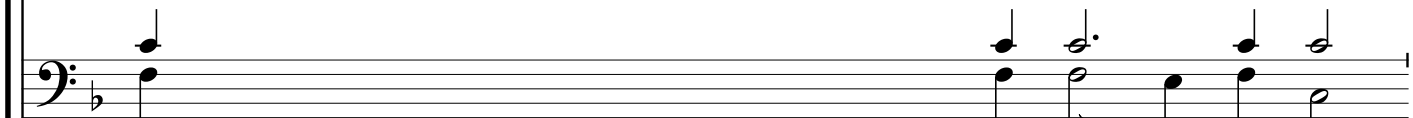


Come, let us purify ourselves with alms and mer - cy to the poor,

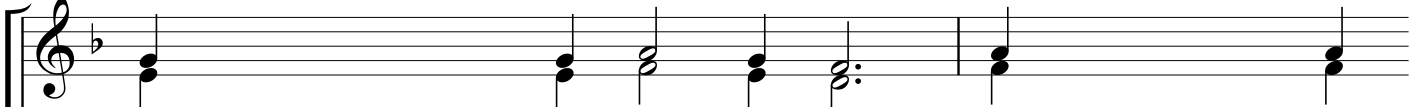
Tenor
Bass




not blowing a trumpet or publicizing what we do in char - i - ty,



lest our left hand know what our right has done, and vainglory



steal from us the fruit of alms - giv - ing. But let us plead in



secret with the One Who knows our se - crets, crying out: "Father,

for-give us our tres - pas - ses, // for You are the Lov - er of man-kind!"

v. I lift up my eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us. (Ps 122/123:1-2)

(repeat Sticheron 1, "Come, let us purify...")

v. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud. (Ps 122/123:3-4)

Sticheron 2

Soprano
Alto

O Mar - tyrs of the Lord, you sanctify every place and heal

Tenor
Bass

ev - ery ill. Now there - fore, in - ter - cede with Him, // that He

may deliver our souls from the snares of the En - e - my!

v. Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

Soprano
Alto

Tenor
Bass

The hosts of heav - en praise — you, unwedded Mother,

full — of grace. We glorify your in - ef - fa - ble child - bear - ing. //

Therefore, Theotokos, intercede for the sal - va - tion of our souls!