

Stichera at the Aposticha

Triodion - Fourth Monday (Sunday Evening Vespers)

Tone 8
Sticheron 1

Common Chant
arr. from L'vov/Bakhmetev

Soprano
Alto

Be-cause of my e - vil deeds, I, a wretched man, dare not

Tenor
Bass

Detailed description: This system shows the first line of the chant. It features two vocal staves: Soprano/Alto (treble clef) and Tenor/Bass (bass clef). The key signature has one flat (B-flat). The Soprano/Alto part consists of a series of chords and single notes, with a slur over the first six notes. The Tenor/Bass part provides a harmonic accompaniment with chords and single notes.

gaze up - on heav - en with my eyes. But sighing like the Pub - li - can, I

Detailed description: This system continues the chant. It features two vocal staves: Soprano/Alto (treble clef) and Tenor/Bass (bass clef). The key signature has one flat. The Soprano/Alto part continues with chords and single notes, including a slur over the first six notes. The Tenor/Bass part continues with chords and single notes.

cry to You: "O God, forgive me a sin - ner, and deliver me

Detailed description: This system continues the chant. It features two vocal staves: Soprano/Alto (treble clef) and Tenor/Bass (bass clef). The key signature has one flat. The Soprano/Alto part continues with chords and single notes, including a slur over the first six notes. The Tenor/Bass part continues with chords and single notes.

from the Pharisee's hy-poc - ri - sy, // for You alone are com-pas-sion-ate!"

Detailed description: This system concludes the chant. It features two vocal staves: Soprano/Alto (treble clef) and Tenor/Bass (bass clef). The key signature has one flat. The Soprano/Alto part continues with chords and single notes, including a slur over the first six notes. The Tenor/Bass part continues with chords and single notes, ending with a double bar line.

v. I lift up my eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us. (Ps 122/123:1-2)

(repeat Sticheron 1, "Because of my evil deeds...")

v. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud. (Ps 122/123:3-4)

Sticheron 2

Soprano
Alto

O Mar - tyrs of the Lord, you sanctify every place and heal

Tenor
Bass

ev - ery ill. Now there - fore, in - ter - cede with Him, // that He

may deliver our souls from the snares of the En - e - my!

v. Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

Soprano
Alto



Tenor
Bass

The hosts of heav - en praise — you, unwedded Mother,

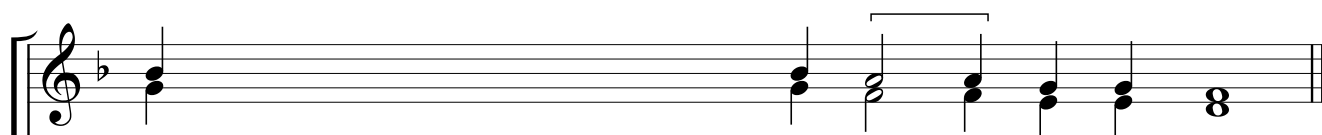
Detailed description: This system shows the vocal parts for Soprano and Alto (top staff) and Tenor and Bass (bottom staff). The music is in a key with one flat (B-flat major or D minor) and a common time signature. The Soprano and Alto parts are written in treble clef, while the Tenor and Bass parts are in bass clef. The lyrics are: "The hosts of heav - en praise — you, unwedded Mother,". The Soprano part has a long note on "praise" that spans across the bar line.



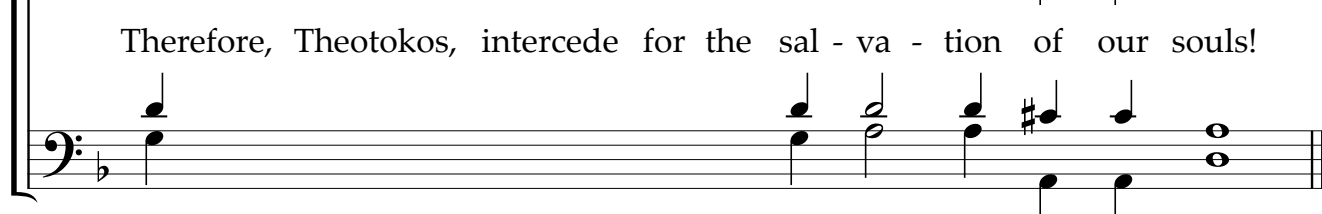
full — of grace. We glorify your in - ef - fa - ble child - bear - ing. //



Detailed description: This system continues the vocal parts. The Soprano and Alto parts (top staff) and Tenor and Bass parts (bottom staff) are shown. The lyrics are: "full — of grace. We glorify your in - ef - fa - ble child - bear - ing. //". The Soprano part has a long note on "full" that spans across the bar line. The system ends with a double bar line.



Therefore, Theotokos, intercede for the sal - va - tion of our souls!



Detailed description: This system shows the final vocal parts. The Soprano and Alto parts (top staff) and Tenor and Bass parts (bottom staff) are shown. The lyrics are: "Therefore, Theotokos, intercede for the sal - va - tion of our souls!". The Soprano part has a long note on "sal - va - tion" that spans across the bar line. The system ends with a double bar line.