

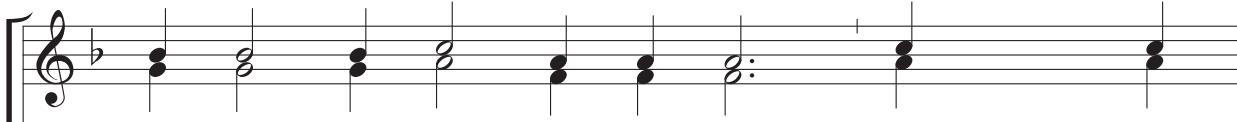
# Stichera Aposticha

*The Elevation of the Holy Cross – September 14*

Tone 5  
Sticheron 1

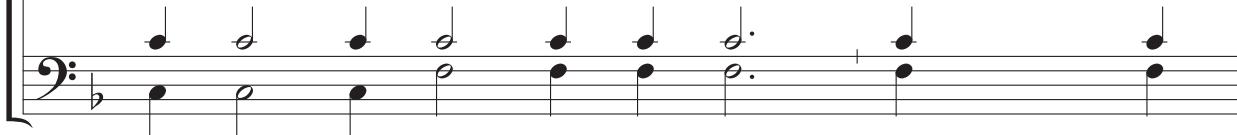
Russian Imperial Court Chant  
arr. from L'vov/Bakhmetev

Soprano  
Alto



Re - joice, O life - bear - ing Cross, invincible trophy

Tenor  
Bass



Musical notation for the second line of the Sticheron. The soprano part consists of quarter notes on the first, third, and fifth lines of the treble clef staff. The alto part consists of eighth notes on the first, third, and fifth lines of the same staff. The tenor part consists of quarter notes on the first, third, and fifth lines of the bass clef staff. The bass part consists of eighth notes on the first, third, and fifth lines of the same staff. The lyrics "of god - li - ness, gate of Paradise, and protection of the" are written below the notes.

of god - li - ness, gate of Paradise, and protection of the

Musical notation for the third line of the Sticheron. The soprano part consists of quarter notes on the first, third, and fifth lines of the treble clef staff. The alto part consists of eighth notes on the first, third, and fifth lines of the same staff. The tenor part consists of quarter notes on the first, third, and fifth lines of the bass clef staff. The bass part consists of eighth notes on the first, third, and fifth lines of the same staff. The lyrics "faith - ful! The Cross is the might of the Church," are written below the notes.

faith - ful! The Cross is the might of the Church,

Musical notation for the fourth line of the Sticheron. The soprano part consists of quarter notes on the first, third, and fifth lines of the treble clef staff. The alto part consists of eighth notes on the first, third, and fifth lines of the same staff. The tenor part consists of quarter notes on the first, third, and fifth lines of the bass clef staff. The bass part consists of eighth notes on the first, third, and fifth lines of the same staff. The lyrics "through which corruption is a - bol - ished, through which the" are written below the notes.

through which corruption is a - bol - ished, through which the

[power of death...]

The musical score consists of five systems of music, each with two staves: treble (G-clef) and bass (F-clef). The key signature is one flat (B-flat). The time signature varies by system, indicated by the number '8' in the first system and a '4' in the fifth system.

**System 1:** The lyrics are "pow - er of death is crushed, and we are raised from". The music features a mix of quarter and eighth notes.

**System 2:** The lyrics are "earth to heav - en. O invincible weapon, the adversary of". The music includes a fermata over the note "O".

**System 3:** The lyrics are "de - mons, the glo - ry of martyrs, the true adornment of". The music consists of mostly quarter notes.

**System 4:** The lyrics are "ven - 'ra - ble saints, and the ha - ven of sal - va - tion //". The music features a series of eighth-note chords.

**System 5:** The lyrics are "which grants the world great mer - cy.". The music concludes with a final chord on the bass staff.

v. Extol the Lord our God: and worship at His footstool, for He is holy! (Ps. 98:5)

Sticheron 2

Re-joice, O Cross of the Lord, through which mankind  
has been de - liv - ered from the curse! You are a  
sign of true joy, shat - tering our enemies by your Exal - ta -  
tion. O Cross, worthy of all hon - or, you are our  
help, you are the strength of kings. You are the

A musical score for five stichera, featuring two voices (treble and bass) in G clef, common time, and a key signature of one flat. The music consists of five-line staves with black note heads. The lyrics are written in a serif font below the staves.

power of the right - eous. You are the maj - es - ty of priests.

All who sign themselves with you are freed from dan - ger.

O rod of strength, under which we like sheep are tend - ed,

you are a weapon of peace around which the angels stand in

fear. You are the di - vine glo - ry of Christ, //

Who grants the world great mer - cy.

v. God is our King before the ages; He has worked salvation in the midst of the earth! (Ps. 73:13)

Sticheron 3

Re - joice, O guide of the blind, physician of the

sick and res - ur - rec - tion of all the dead; you have

raised us up when we were fallen into mor - tal - i -

ty. O pre - cious Cross, through you corruption has

A musical score for five stichera, likely for a church service. The music is in G clef, common time, and consists of two parts: a soprano part and a basso continuo part. The soprano part is written on a single staff above the basso continuo staff. The basso continuo part is written on a single staff below the soprano staff. The music is divided into five sections, each with lyrics. The first section starts with a soprano vocal entry. The second section begins with a basso continuo entry. The third section starts with a soprano vocal entry. The fourth section begins with a basso continuo entry. The fifth section starts with a soprano vocal entry.

been de-stroyed, and in - cor - rup - tion has blos - somed forth.

We mor - tals are made di - vine, and the devil is com -

plete - ly o - ver - thrown. To - day, as we see you

exalted by the hands of bish - ops, we ex - alt

Him Who was lifted up up - on you, and we fall down in

Musical notation for the first part of the chant. The top staff uses a treble clef and a key signature of one flat. The lyrics are: "wor - ship be - fore you, // draw - ing rich streams of great". The bottom staff uses a bass clef and a key signature of one flat.

Musical notation for the second part of the chant. The top staff continues with a treble clef and one flat. The lyrics are: "mer - cy.". The bottom staff continues with a bass clef and one flat. A measure number "8" is placed above the top staff.