

Stichera Aposticha

The Elevation of the Cross - September 14

Optina Hermitage Melody
Original melody "Rejoice"
arr. by G. Ealy & V. Morosan

Tone 5
Sticheron 1

The musical score is arranged in four systems, each with a Soprano/Alto staff and a Tenor/Bass staff. The lyrics are: "Re-joyce, O life-bearing Cross: in-vin-ci-ble tri-umph of god - li-ness, gate of Par - a-dise, and pro-tec-tion of the faith - ful! The Cross is the might of the Church, through which cor-rup-tion". The score includes various musical notations such as notes, rests, and dynamic markings. There are four marked sections: (A) at the beginning, (B) with a sharp sign, (C), and (D) with a sharp sign. The key signature is one flat (B-flat).

*) In some harmonizations, an F# is sung here. The original chant melody does not have an F#, however. In this arrangement, the use of an F# in the places marked with # is optional.

NOTE: May be sung a half-step or a step higher.

[is abolished.]

is a - bol - ished, through which the

pow - er of death is crushed, and we are raised from

earth to heav - en. O in - vin - ci - ble

weap - on, the ad - ver - sar - y of

de - mons, the glo - ry of the mar - tyrs,

(D)

the true a - dorn - ment of ven - 'ra - ble saints,

(A)

and the ha - ven of sal - va - tion, //

Cad.

which grants the world great mer - cy.

v. Extol the Lord our God: and worship at His footstool, for He is holy! (Ps. 98:5)

Sticheron 2

Re-joice, — O Cross of the Lord, through which man -

kind has been de - liv - ered from the curse! You are a

[sign of true joy,]



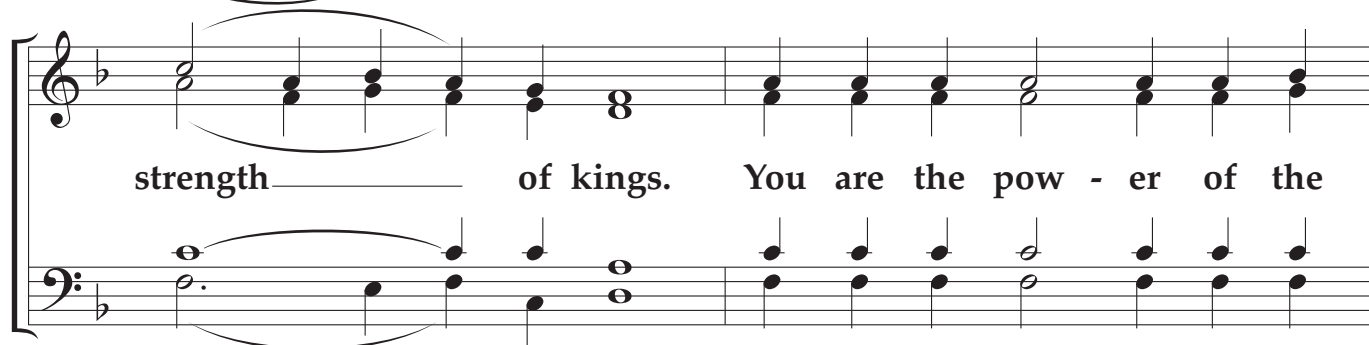
sign of true joy, shat - tering our enemies by your



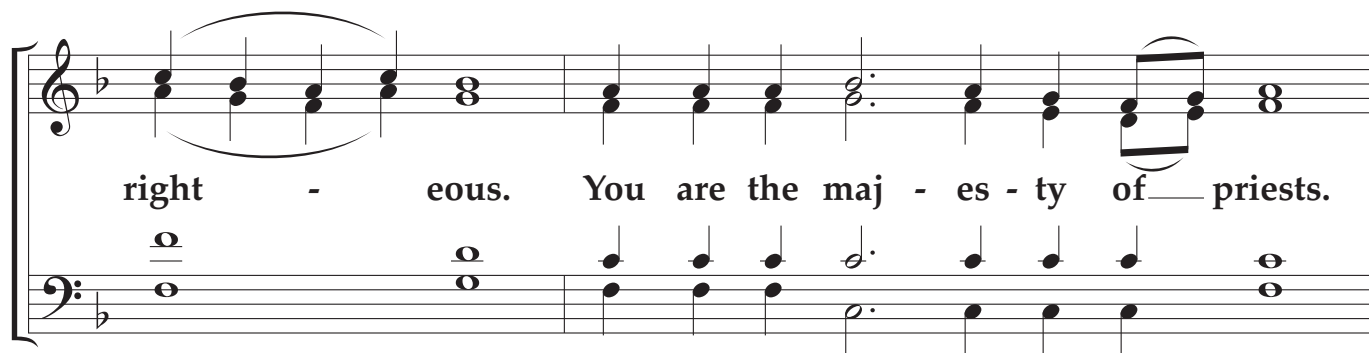
Ex - al - ta - tion. O Cross, wor - thy of all



hon - or, you are our help, you are the



strength of kings. You are the pow - er of the



right - eous. You are the maj - es - ty of priests.

All who sign themselves with you are freed from

dan - ger. O rod of strength, under which we like

sheep are tend - ed, you are a weap - on of

peace around which the an - gels stand in fear.

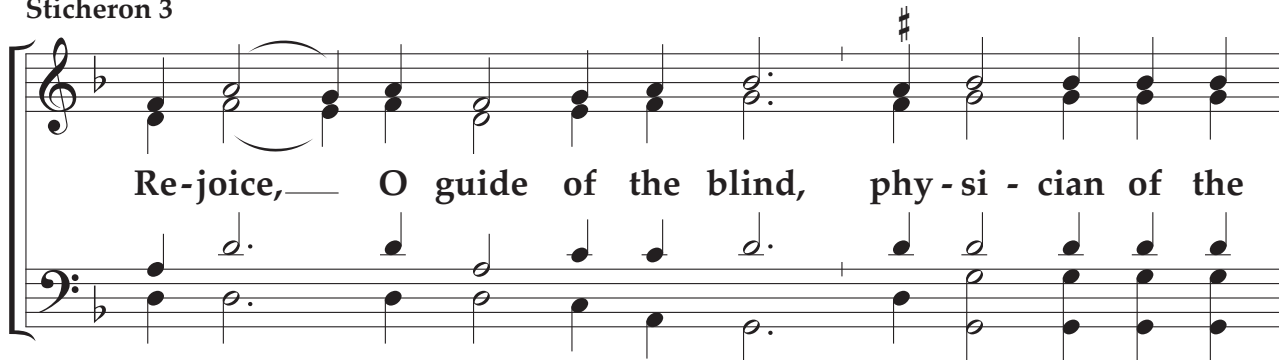
You are the di - vine glo - ry of Christ, // Who grants the



world great mer - cy.

v. God is our King before the ages; He has worked salvation in the midst of the earth! (*Ps. 73:13*)

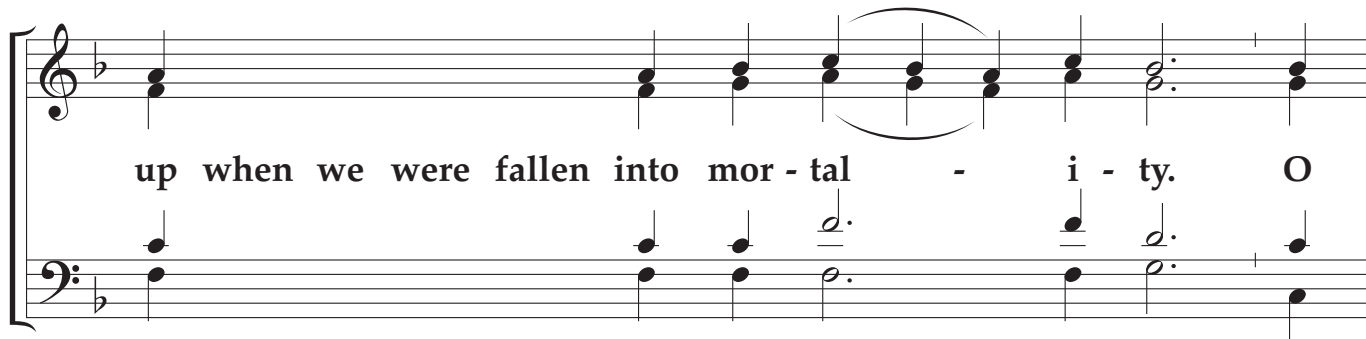
Sticheron 3



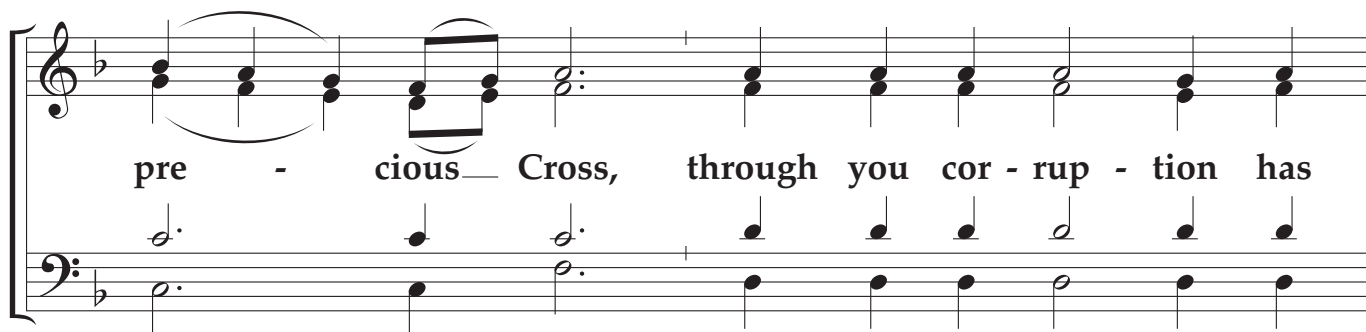
Re-joyce, — O guide of the blind, phy - si - cian of the



sick and res - ur - rec - tion of all the dead; you have raised us



up when we were fallen into mor - tal - i - ty. O



pre - cious — Cross, through you cor - rup - tion has

been de - stroyed, and in - cor - rup - tion has

blos - somed forth. We mor - tals are made di -

vine, and the dev - il is complete - ly o - ver - thrown.

To - day, as we see you exalted by the hands of bish -

ops, we ex - alt Him Who was lift - ed up - up -

on you, and we fall down in wor-ship be-fore

you, // draw-ing rich streams of great mer-cy.