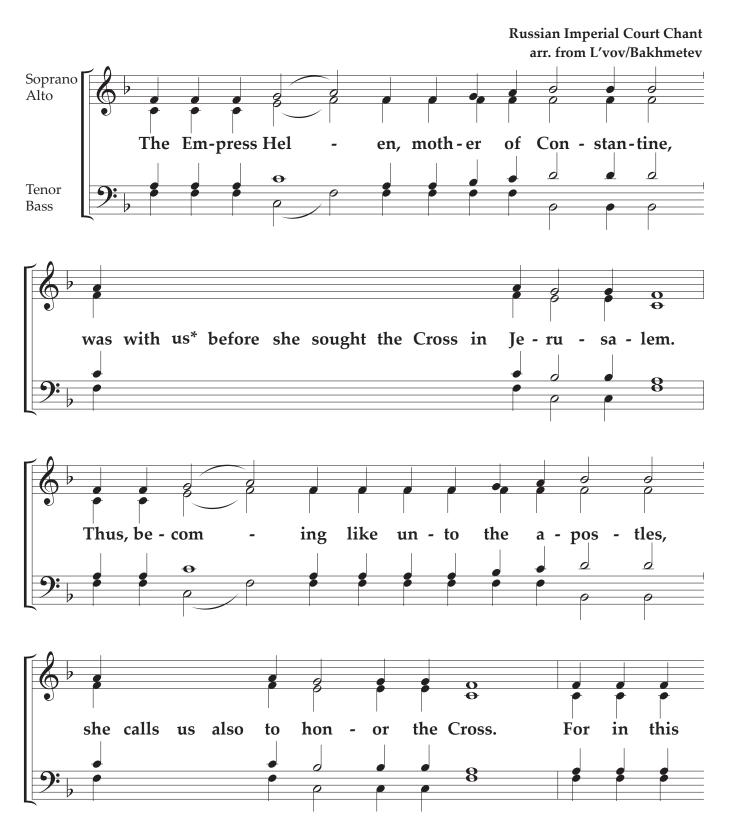
HOLY EMPRESS HELEN, EQUAL-TO-THE-APOSTLES Troparion - Tone 1



[sign, the standard of victory . . .]



*This troparion to St. Helen originates from the Orthodox Church of St. John the Wonderworker of Shanghai and San Francisco in Colchester England. It is believed that in the early fourth century, St. Helen came to the major Roman military town of Colchester, the capital of Roman Britain before London, with her husband, Emperor Constantius, who died in York on 25 July 306, whereupon their son Constantine became Emperor. Hence the reference to St. Helen being "with us" before she went to Jerusalem to seek the Holy Cross.

The troparion is offered here as a supplement to the appointed troparion, which mentions only Emperor Constantine.