

# HOLY EMPRESS HELEN, EQUAL-TO-THE-APOSTLES

## Troparion - Tone 1

Russian Imperial Court Chant  
arr. from L'vov/Bakhmetev

Soprano  
Alto

Tenor  
Bass

The Em-press Hel - en, moth - er of Con - stan-tine,

was with us\* before she sought the Cross in Je - ru - sa - lem.

Thus, be - com - ing like un - to the a - pos - tles,

she calls us also to hon - or the Cross. For in this

[sign, the standard of victory . . .]

sign, — the standard of victory o - ver the en - e - my, we are

granted salvation and res - ur - rec - tion and the tri - umph

of the Heaven - ly Je - ru - sa - lem. // Wherefore, O holy

Helen, pray to Christ our God that our souls may be saved.

\*This troparion to St. Helen originates from the Orthodox Church of St. John the Wonderworker of Shanghai and San Francisco in Colchester England. It is believed that in the early fourth century, St. Helen came to the major Roman military town of Colchester, the capital of Roman Britain before London, with her husband, Emperor Constantius, who died in York on 25 July 306, whereupon their son Constantine became Emperor. Hence the reference to St. Helen being “with us” before she went to Jerusalem to seek the Holy Cross.

The troparion is offered here as a supplement to the appointed troparion, which mentions only Emperor Constantine.