

Stichera at "Lord, I Call"

Venerable Matrona, Abbess of Constantinople - November 9

Tone 4
Sticheron 1

Russian Imperial Court Chant
arr. from L'vov/Bakhmetev

Soprano
Alto
Tenor
Bass

The musical score is written for four voices: Soprano, Alto, Tenor, and Bass. It is in the key of B-flat major (two flats) and 4/4 time. The melody is a simple, hymn-like tune. The lyrics are in English and are written below the vocal staves. The score is divided into four systems, each with a vocal staff and a piano accompaniment staff. The piano accompaniment consists of simple chords and single notes. The lyrics are: "Nobly didst thou subject the uprising of the flesh to the soul through ascetic feats of fast - ing, and thou didst fol - low Christ, O Ma - tro - na, living devoutly with those who fast, quenching the burning [of pleasure...]".

Nobly didst thou subject the uprising of the flesh

to the soul through ascetic feats of fast - ing,

and thou didst fol - low Christ, O Ma - tro - na,

living devoutly with those who fast, quenching the burning

[of pleasure...]

of pleasure with divine show - ers of tears, // kin-dling a

fervent desire for the Cre - a - tor.

Sticheron 2

Thou hast built hallowed tabernacles in many souls for

God's use. Thou thyself wast a temple of the Spirit, O all -

wise one, guid-ing souls by thy spiritual pu - ri - ty to the

[healing struggles. . .]

healing struggles of fast - ing. Thou didst bring saved souls

to the Master as a dowry, O Ma - tro - na. //

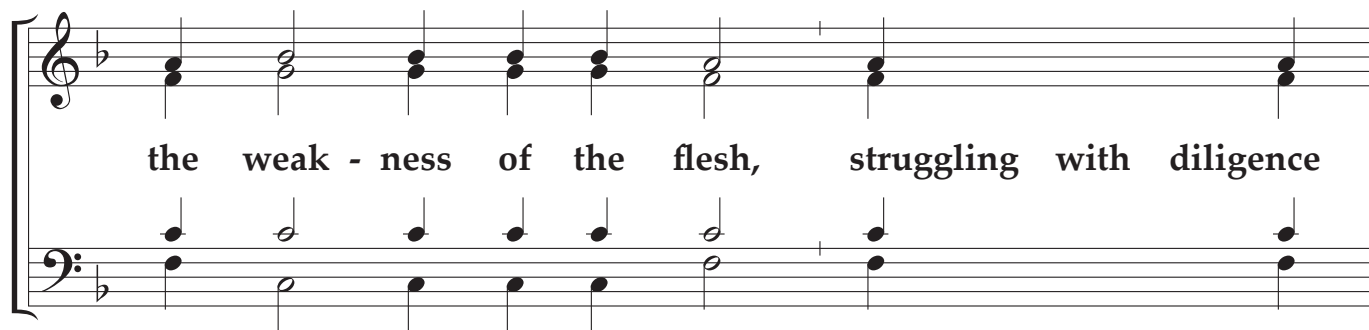
Together with them we hon - or thee in faith.

Sticheron 3

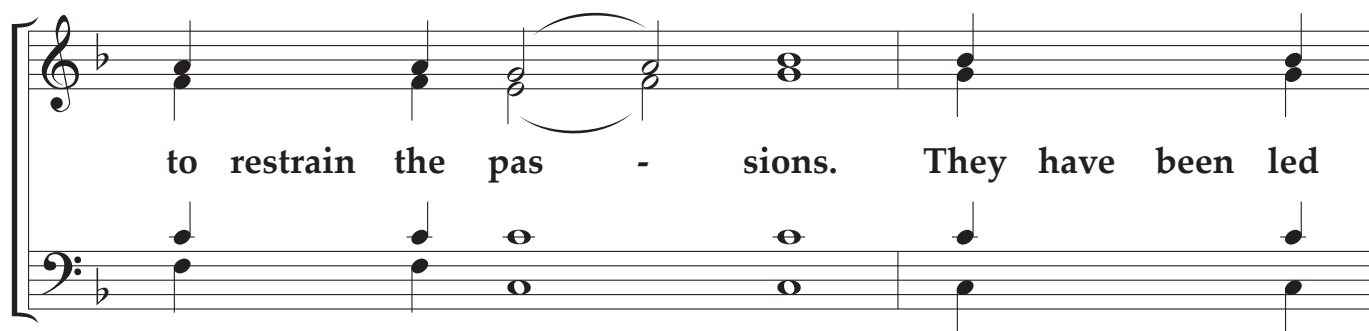
The maidens loved the Bride-groom and Lord, sub-mit-ting

to His teach - ing. In the spir - it, they dis-dained

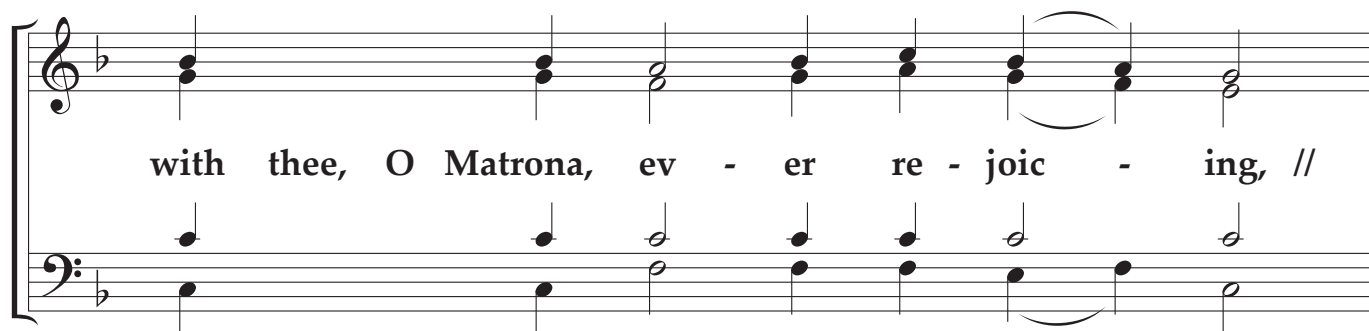
[the weakness of the flesh,]



the weak - ness of the flesh, struggling with diligence



to restrain the pas - sions. They have been led



with thee, O Matrona, ev - er re - joic - ing, //



into the heavenly brid - al cham - ber of God.