

Stichera at "Lord, I Call"

Martyr Anastasia of Rome - October 29

Tone 4
Sticheron 1

Optina Monastery Chant
Model melody: "As One Valiant among Martyrs"

Soprano Alto

Tenor Bass

Thou didst bear the tor - tur-ing of thy bod - y with

pa - tience, O great-ly - suf - fer-ing An - a - sta - sia.

Thou wast maimed — and burned be-fore thine un - just

death, re-ceiv - ing the crown — of vic - to - ry. // Now thou dost

Pre-cad. Cad.

5

[dwell in the . . .]

dwell in the heav - en - ly brid - al - cham - bers.

Sticheron 2

(A)

Thou art man - i - fested to those who cel - e - brate

(B)

thy memory as a treas - ure of vir - gin - i - ty,

(C)

an en-closed par - a - dise, a ho - ly of - fer - ing and a

(D)

sa - cred wall. Thou art a living icon, a bride of Christ,

[a model for those . . .]

E

a model for those who lead the as - cet - ic life,

C

the a - dorn - ment of mar - tyrs and a foun - tain

Pre-cad.

spring-ing with wa - ters of heal - ing, // O all-praised

Cad.

An - a - sta - sia.

Sticheron 3

A

Come, let us all zealously praise in songs

[the a-dorn-ment of mar-tyrs,]

(B) the a - dorn - ment of mar - tyrs, (C) the flow - er - ing of

(D) vir - gins and greatest jewel of mo - nas - tics:

(E) the great - ly - suf - fer - ing Anastasia, the boast of Rome,

(C) a most pleas - ing and unde - filed — sac - ri - fice, an un -

Cad. shak - a - ble foun - da - tion of pi - e - ty, // for she has

[struggled most gloriously . . .]

strug-gled most glo - rious - ly in the con - test!