

Stichera at "Lord, I Call"

Hieromartyr Phocas - September 22

Tone 1
Sticheron 1

Sedmiezersk Hermitage Melody
Model: "Joy of the Heavenly Hosts"

Soprano Alto
Tenor Bass

O - ver - throw - ing the empty folly of idols by your

sa - cred words, you con - firmed by faith un - sta - ble

hearts, - and guid - ed them to life, O Hier - arch Pho - cas. //

You com - peted as an athlete and became a mar - tyr of the Lord.

Sticheron 2

Hav-ing dyed your sacred vestment in the blood of your sa-cred

bod - y, O most ho - ly Fa - ther,—

you tru - ly received from Christ double crowns, O all -

bles - ed one, // and you dance with the Angels as you

intercede for our sal - va - tion.

The musical score is written for a treble and bass staff in G major (one sharp). The lyrics are in English and are aligned with the notes. The score consists of five systems of music. The first system has two lines of music. The second system has two lines of music. The third system has two lines of music. The fourth system has two lines of music. The fifth system has two lines of music. The score ends with a double bar line.

Sticheron 3

You il - lu - mine the whole world with the rays of your

mir - a - cles; you give help dai - ly to those at

sea; you drive out dis-eas - es; you bring to an

end infirmities of soul and bod - y, for you have re -

ceived grace from the Lord, // O Pho-cas, blessed by God.