Holy Seven Youths ("Seven Sleepers")
of Ephesus (250 A.D.)

Kontakion

The Seven Holy Youths renounced the perishing com-
forts of this world, preferring the eternal things of

Heaven. They were incorrupt after death and rose

from the dead, and buried the snares of the dev-

ils! O Faithful, let us then honour them, sing-

ing a hymn of praise to Christ!