Stichera on “Lord, I Call”

Lenten Triodion - Friday Evening of the First Week

Tone 2

Sticheron I, for St. Theodore the Recruit

Soprano

Come, all lovers of the martyrs, let us celebrate

Alto

and rejoice in spirit!

Tenor

Today the Martyr Theodore offers

Bass

a mystical banquet, making us glad in the feast, that we might

Sing to him: “Rejoice, unconquerable bearer of suffering, victor

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over torturers! Rejoice, for you gave your body over to torture for Christ God! Rejoice, for by many trials you were revealed to be a true soldier of the heavenly army! //

O adorning of martyrs, pray for our souls!"

You extend the divinely-granted grace of your miracles
to all who run to you in faith, O Martyr Theodore.

Therefore we praise you in song: “You release the captives,

heal the sick, reward the poor, and save those who are drowning.

You intercede for all who honor your sacred memory.”

Entreat Christ to grant great mercy, O holy martyr, //
to us who praise your suffering!

You were revealed as the highest gift of God, O Martyr

Theodore! Even after your end, you grant help to those who run to you. When the widow came to your temple in tears, you appeared in mercy and returned her son, who had been
taken captive by foreign soldiers. You do not cease to work

wonders. // En-treat Christ God that our souls may be saved!

I honor you as the true “gift of God,” thrice-blessed Theodore.

You were revealed as an unfailing candle of the Divine Light.

Your sufferings illumined creation. More powerful than fire, you
quenched the flames. You crushed the head of the evil serpent.

When you went to your suffering, Christ placed the crown on your divine head. Since you have boldness before God, O great martyr, fervently pray for our souls!