St. Gregory Palamas, Archbishop of Thessalonica

At the APOSTICHA

Note: At the Aposticha we sing the stichera of the Resurrection in the tone of the week, and then the following sticheron.

Common Chant, arranged from LVOV/BAKHMETEV

After “Glory...”: Tone 8

Your tongue, watchful in teaching, rings in the ears

Of our hearts, and awakens the souls of the slothful.

Your words are inspired by God; they are a ladder leading us

From earth to heaven. O Gregory, pride of Thessalia.

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LONICA, DO NOT CEASE TO INTERCEDE BEFORE CHRIST OUR GOD

TO ILLUMINE WITH HIS DIVINE LIGHT THOSE WHO HON - OR YOU.