

St. Gregory Palamas, Archbishop of Thessalonica

At the APOSTICHA

Note: At the Aposticha we sing the stichera of the Resurrection in the tone of the week, and then the following sticheron.

Common Chant,
arranged from
LVOV/BAKHMETEY

After "Glory...": Tone 8

Soprano
Alto

(Melody in Alto)

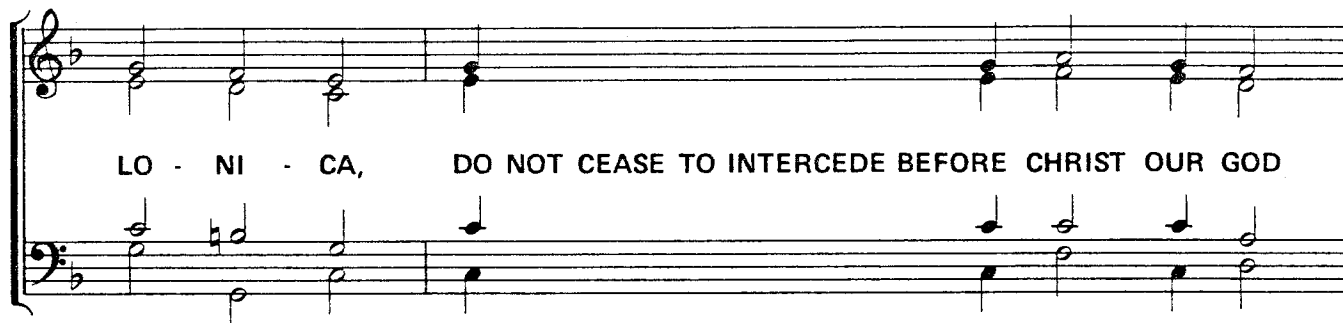
YOUR TONGUE, WATCH-FUL IN TEACH - ING, RINGS IN THE EARS

Tenor
Bass

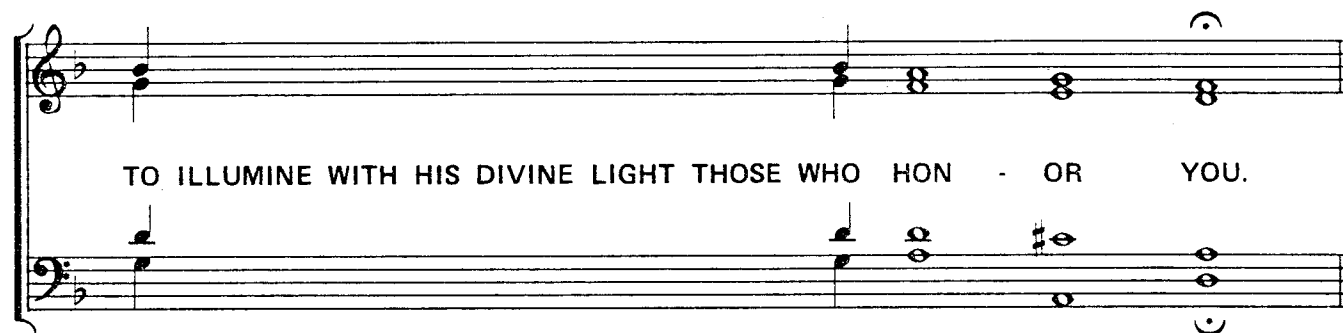
OF OUR HEARTS, AND AWAKENS THE SOULS OF THE SLOTH - FUL.

YOUR WORDS ARE IN - SPIRED BY GOD; THEY ARE A LADDER LEADING US

FROM EARTH TO HEAV - EN. O GREG-O-RY, PRIDE OF THES-SA -



LO - NI - CA, DO NOT CEASE TO INTERCEDE BEFORE CHRIST OUR GOD



TO ILLUMINE WITH HIS DIVINE LIGHT THOSE WHO HON - OR YOU.