Stichera at the Aposticha

Triodion - Fourth Monday (Sunday Evening Vespers)

Tone 8
Sticheron 1

Soprano
Alto

Tenor
Bass

Because of my evil deeds, I, a wretched man, dare not

But sighing like the Publican, I
gaze upon heaven with my eyes.

cry to You: "O God, forgive me a sinner, and deliver me

from the Pharisee's hypocrisy, // for You alone are compassionate!"

Common Chant
arr. from L'vov/Bakhmetev

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v. I lift up my eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us. (Ps 122/123:1-2)

(repeat Sticheron 1, "Because of my evil deeds...")

v. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud. (Ps 122/123:3-4)
v. Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

The hosts of heaven praise you, unwedded Mother,

full of grace. We glorify your ineffable child-bearing.

Therefore, Theotokos, intercede for the salvation of our souls!