Stichera at the Aposticha
Triodion - Fourth Monday (Sunday Evening Vespers)

Tone 8
Sticheron 1

Kievan Chant
arr. from B. Ledkovsky

Soprano
Alto

Tenor
Bass

Be-cause of my e-vil deeds, I, a wretch-ed man, dare not
gaze up-on heav-en with my eyes. But sighing like the Pub-li-can, I
cry to You: “O God, forgive me a sin-ner, and de-liv-er
me from the Pharisee’s hy-poc-ri-sy, // for You a-lone are

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v. I lift up my eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us. (Ps 122/123:1-2)

(repeat Sticheron 1, "Because of my evil deeds...")

v. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud. (Ps 122/123:3-4)
may deliver our souls from the snares of the Enemy!

v. Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

The hosts of heaven praise you, unwedded Mother,

full of grace. We glorify your ineffable childbearing.//

Therefore, Theotokos, intercede for the salvation of our souls!