

Stichera at the Aposticha

Triodion - Fourth Monday (Sunday Evening Vespers)

Tone 8
Sticheron 1

Kievan Chant
arr. from B. Ledkovsky

Soprano
Alto

Be-cause of my e - vil deeds, I, a wretch-ed man, dare not

Tenor
Bass

Detailed description: This system contains the first line of the chant. It features four staves: Soprano and Alto on the top two, and Tenor and Bass on the bottom two. The music is in G major (one sharp) and 4/4 time. The lyrics are: "Be-cause of my e - vil deeds, I, a wretch-ed man, dare not".

gaze up - on heav - en with my eyes. But sighing like the Pub - li - can, I

Detailed description: This system contains the second line of the chant. It features four staves: Soprano and Alto on the top two, and Tenor and Bass on the bottom two. The lyrics are: "gaze up - on heav - en with my eyes. But sighing like the Pub - li - can, I".

cry to You: "O God, forgive me a sin - ner, and de - liv - er

Detailed description: This system contains the third line of the chant. It features four staves: Soprano and Alto on the top two, and Tenor and Bass on the bottom two. The lyrics are: "cry to You: "O God, forgive me a sin - ner, and de - liv - er".

me from the Pharisee's hy - poc - ri - sy, // for You a - lone are

Detailed description: This system contains the fourth line of the chant. It features four staves: Soprano and Alto on the top two, and Tenor and Bass on the bottom two. The lyrics are: "me from the Pharisee's hy - poc - ri - sy, // for You a - lone are".

com - pas - sion - ate!"

v. I lift up my eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us. (*Ps 122/123:1-2*)

(repeat Sticheron 1, "Because of my evil deeds...")

v. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud. (*Ps 122/123:3-4*)

Sticheron 2

Soprano
Alto

O Mar - tyrs of the Lord, you sanc - ti - fy eve - ry place and

Tenor
Bass

heal ev - ery ill. Now there - fore, in - ter - cede with Him, // that He

may deliver our souls from the snares of the En - e - my!

v. Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

Soprano
Alto

Tenor
Bass

The hosts of heav - en praise you, unwedded Moth - er,

full of grace. We glorify your in - ef - fa - ble child - bear - ing. //

Therefore, Theotokos, intercede for the sal - va - tion of our souls!