Stichera on “Lord, I Call”
Triodion - Fourth Monday (Sunday Evening Vespers)

O Lord, You willingly stretched out Your hands on the Cross;
make us ready for its adoration with reverent hearts,
radiant through fasting, prayer, abstinence and works of charity;
for You are good and the Lover of mankind!

Tone 8
Sticheron 1
by Joseph

Kievan Chant
arr. from B. Ledkovsky

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Blot out the multitude of my sins by the great abundance of Your mercies, O most compassionate Lord! Make me worthy to behold Your Cross, and to embrace it with a pure soul in this week of abstinence, // for You are the Lover of mankind!
Oh, great wonder! I behold the Tree on which Christ was crucified in the flesh. The world venerates it and, enlightened, cries out: “How great is the power of the Cross! When the demons behold it, they are burned. By its sign, they are consumed (with) with flames.” Therefore, O pure Tree, I
bless you; I honor and adore you with fear, //

glorifying God, Who granted me unending life through you.