Stichera at the Praises
Annunciation of the Theotokos - March 25

From the vault of heaven Gabriel flew down and came to Nazareth; and standing before the Virgin Mary, he cried to her: “Rejoice!” “You shall conceive a Son, more ancient than Adam, the Maker of all things and the Deliverer of
those who cry to you: // 'Rejoice, O pure Virgin!'"

Gabriel brought the Good News from heaven to the Virgin,

and he cried out the greeting, "Rejoice!" "You shall conceive Him who can be contained in you, yet whom the world cannot contain;

and you will be seen to bear within your womb // Him who shone
forth from the Father before the morning star."

The co-e-t-e-r-n-a-l Word of the Father who is from all e-t-e-r-ni-t-y,

without being parted from things on high, now has come among those

be-low, in His infinite compassion taking p-i-t-y u-p-on our fall; He has

as-sumed the poverty of Ad-am// and taken a form that is a-l-i-e-n to Him.