Moses traced out a cross, as with his staff he divided
the Red Sea in two, so that Israel could go across on foot;
and then striking it again cross-wise, and uniting it over
Pharaoh and his chariots, He inscribed the Invincible

Weapon. // Therefore let us sing to Christ our God, for
He has been glorified.
Kanon - Refrains

The Elevation of the Cross - September 14

Glory to Thy Precious Cross, O Lord!

Glory to the Father, and to the Son, and to the Holy Spirit,

now and ever and unto ages of ages. Amen.
The rod of Aaron is an image of this mystery,

for when it budded it revealed who should be the priest; and

for the Church, which before was barren, the Tree of the

Cross has blossomed forth // for her strength and firm foundation.

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I have heard the mystery of Thy dispensation,

O Lord, I have meditated on Thy works,

and have glorified Thy Godhead.
O, thrice-blessed Tree, on which Christ the King and Lord was stretched! Through thee the one who deceived us through a tree has fallen, caught by the bait of God, Who was nailed to thee in the flesh, // and Who grants peace to our souls.
In the belly of the sea monster, Jonah stretched out his hands in the form of a cross, plainly pre-figuring the saving Passion. When he emerged from there on the third day, he pre-figured the transcendent Resurrection of Christ our God, Who was nailed to the Cross in the flesh // and by His [rising on the third day...]

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rising on the third day enlightened the world.
The senseless decree of the impious tyrant,

spewing threats and blasphemy hateful to God brought the

people to confusion. Yet the three Children could not be

frightened either by the brutal fury or the roaring fire,

but in the wind, moist with dew, that blew against it,
they stood together, and they sang: “O praised above all,
blessed art Thou, // our God, and the God of our fathers!”
Heirmos

O Children, equal in number to the Trinity, bless God

the Father, the Creator; praise the Word, Who descended

and changed the fire to dew, and exalt above all, to all ages, // the all-holy Spirit, Who gives life to all!
Kanon - Refrains (Ode 8)

The Elevation of the Cross - September 14

Glory to Thy Precious Cross, O Lord!

In place of "Glory to the Father..."

Let us bless the Father, the Son, and the Holy Spirit, the Lord,

now and ever, and unto ages of ages. Amen.

Before the Katavasia of the 8th Ode

We praise and worship the Lord, singing and exalt- ing Him throughout all ages.
Refrain

Magnify, O my soul, the most precious Cross

Heirmos

of the Lord! Thou art a mystical Paradise, O Theotokos,

who, though untilled, hast brought forth Christ; through Him the

life-bearing wood of the Cross was planted on earth. Now at its

Elevation, as we bow in worship before it, we

[magnify Thee.]
magnify thee.