Stichera at the Praises
The Elevation of the Holy Cross – September 14

Tone 8
Sticheron 1

Soprano
Alto

Tenor
Bass

Oh, most glorious wonder! The lifebearing tree, the all-holy Cross today is raised up on high and shown to the world. All the ends of the earth give glory; all the demons are struck with [terror.]

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terror. Oh, what a gift is bestowed on mortals. Through the Cross, save our souls, O Christ, 

as You alone are compassionate!

Sticheron 2

Oh, most glorious wonder! The Cross that carried the Most High like a cluster of grapes——
filled with life today is seen raised above the earth.

Through this we have all been drawn to God, and death is finally swallowed up. O, immaculate Wood!

Through you we enjoy the immortal food of Eden //

as we give glory to Christ!
Sticheron 3

Oh, most glorious wonder! The length and breadth of the Cross is equal to heaven, for by divine grace it sanctifies the universe. By the Cross, pagan nations are overcome. By the Cross the sceptres of kings are firmly established. O divine ladder, by

[which we go up...]
which we go up to heaven, // exalting Christ the Lord in song!