Refrains following Heirmos - Ode 9
Meeting of Our Lord - February 2

O__ Vir-gin The-o-to-kos, hope__ of all Chris-tians, //

protect, preserve, and save those who hope__ in you!

O__ Vir-gin The-o-to-kos, gra-cious help__ of the world, //

protect and guard us from all____ dis-tress and sor-row!
Refrain

Soprano

Alto

Tenor

Bass

O God-bearing Simeon, come and receive Christ, //

Who was born of the pure Virgin Mary!

Sim e on the Eld er takes in his arms //

the Maker of

the Law and Master of all things.
It is not the Elder who holds Me, but I up-hold him; //

for he begs Me to let him de-part.

O mystical tongs, how do you bear the coal? //

How do you feed Him Who gives food to all?