Stichera at the Praises

Nativity of the Theotokos - September 8

Oh, the marvelous wonder! The source of Life is born of a barren woman, and grace gloriously begins to bear its fruit.

Rejoice, Joachim, who have become the father of the Theotokos!

There is no other like you among earthborn fathers, O man inspired by...
God; for the Maiden in whom God would come to dwell, the Tabernacle of God, the all-holy Mountain, has been given to us through you.

Oh, the marvelous wonder! The fruit of a barren woman has shone forth at the behest of the Almighty Maker of all, and
mightily destroyed the barrenness of this world, which was fruitless in good things. You mothers, dance with the Mother of the Theotokos and cry: “Rejoice, O full of grace, the Lord is with you, He Who grants the world through you His great mercy!”

A living pillar of chastity and bright vessel shining

Sticheron 3
with grace, glorious Anna has given birth to the true stronghold

of virginity, the divine flower, who manifestly bestows the beauty

of virginity on all virgins and women who desire that grace,

and grants to all the faithful great mercy.