

ST. BENEDICT OF NURSIA

At "Lord, I Call"

NOTE: Each sticheron has 9 phrases: 1, 2, 3, 4, repeated as necessary, followed by the cadence phrase.

Tone 2, Optina Monastery Melody
 Pattern Melody: "Joseph of Arimathea"

Sticheron 1

The musical score is written for four voices: Soprano, Alto, Tenor, and Bass. It is in the key of D major (two sharps) and 4/4 time. The lyrics are as follows:

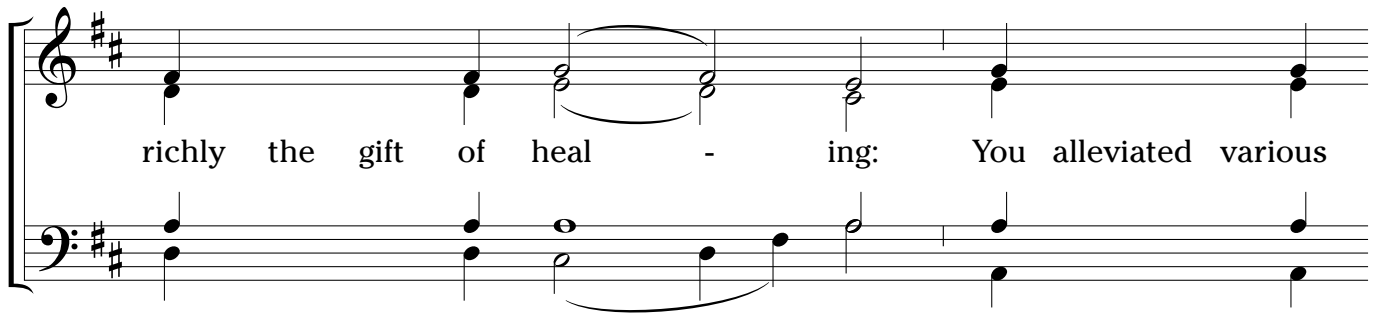
O Fa - ther, you de - nied the world from your youth.

You were joyful with true faith and love as you followed the

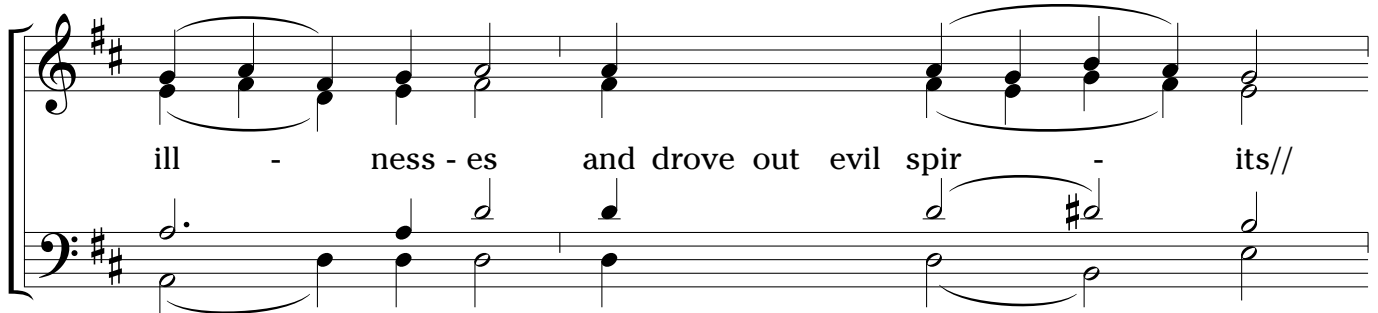
cru - ci - fied Christ. You mor - ti - fied your flesh through

man - y tasks of o - be - dience and received

March 14: Stichera at "Lord, I have cried" – 2



richly the gift of heal - ing: You alleviated various

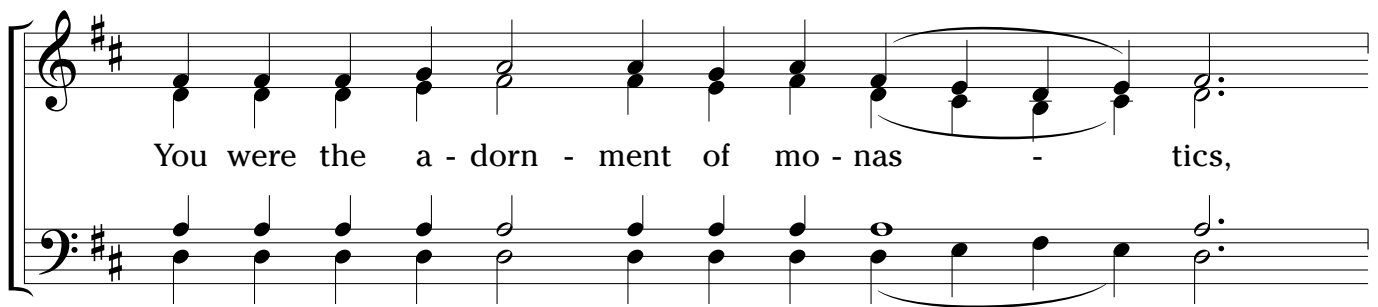


ill - ness - es and drove out evil spir - its//

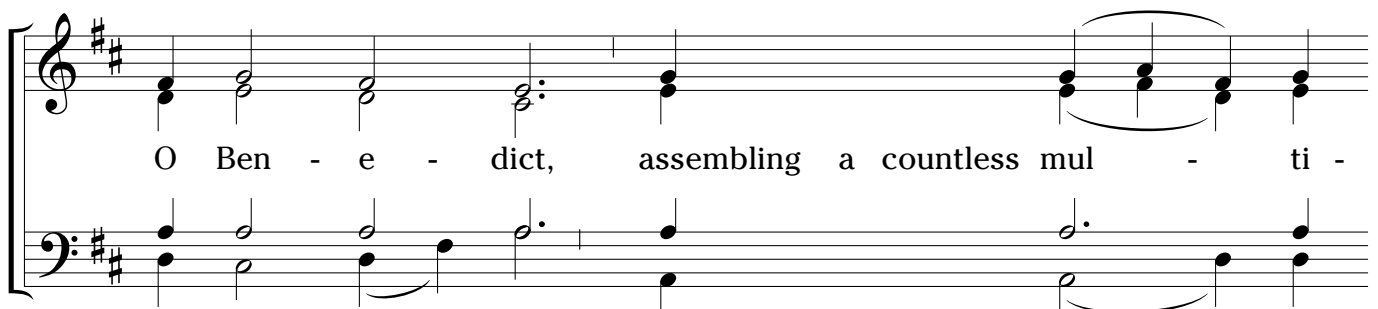


to their great a - ston - ish - ment.

Sticheron 2



You were the a - dorn - ment of mo - nas - tics,



O Ben - e - dict, assembling a countless mul - ti -

tude to hymn the Lord. You guid - ed the

steps of all to heav - en who rightly followed

your divine teach - ings and imitated your virtuous life, O

Fa - ther! With them, we fittingly hon - or

you, // rejoicing in your dor - mi - tion.

Sticheron 3

You called down rain from the skies, O Fa - ther,

by your divine prayers, like E - li - jah of old. You

caused a vessel to pour forth with oil, O ven -

ra - ble one; you raised the dead and worked many other

mir - a - cles to the glory of the God and

Sav - ior of all. There - fore with love we celebrate

The first system of the musical score consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. Both staves have a key signature of two sharps (F# and C#). The music is written in a simple, homophonic style. The lyrics are: "Sav - ior of all. There - fore with love we celebrate".

your glorious mem - o - ry, // O Ben - e - dict.

The second system of the musical score also consists of two staves in treble and bass clefs with a two-sharp key signature. The lyrics are: "your glorious mem - o - ry, // O Ben - e - dict.". The notation includes some slurs and a double bar line with repeat dots.