ST. BENEDICT OF NURSIA
At “Lord, I Call”

NOTE: Each sticheron has 9 phrases: 1, 2, 3, 4, repeated as necessary, followed by the cadence phrase.

Sticheron 1

Tone 2, Optina Monastery Melody
Pattern Melody: “Joseph of Arimathea”

O Father, you denied the world from your youth.
You were joyful with true faith and love as you followed the crucified Christ. You mortified your flesh through many tasks of obedience and received...
richly the gift of healing: You alleviated various illnesses and drove out evil spirits/
to their great astonishment.

Sticheron 2

You were the adornment of monastics,

O Benedict, assembling a countless multitude,
With them, we fittingly honor you, rejoicing in your dormition. You guided the steps of all to heaven who rightly followed your divine teachings and imitated your virtuous life, O Father!
You called down rain from the skies, O Father,
by your divine prayers, like Elijah of old. You
caused a vessel to pour forth with oil, Ven'
ra-ble one; you raised the dead and worked many other
miracles to the glory of the God and
March 14: Stichera at “Lord, I have cried” – 5

Savior of all. Therefore with love we celebrate

your glorious memory, O Benefict.