You openly disdained the pleasure of earthly and corruptible things, choosing instead a life in the desert.

You despised the beautiful things of this world together with the food that passes away. Therefore, all-blessed ones,

you were counted worthy of the Kingdom of heaven, [where you rejoice...]

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where you rejoice with the choirs of martyrs and ascetics.

As we honor your memory, we earnestly cry out to you: deliver us, O Fathers, from tribulations!

20 March - Kontakion [Obikhod]
“Glory...” & “Now and ever...”
as sung before Troparia and Kontakia
Tone 4

1. “Glory...” alone.

2. “Now and ever...” alone.


Note: “Glory...” and/or “Now and ever...” is sung in the Tone and melody that follows.