The great precepts of the angelic way you learned from a disciple of the blessed Father Seraphim of Sarov. Through prayer and fasting you labored long to keep pure God’s image in you, ascending to the heights of God’s likeness, that the flesh might indeed

vs. Glory to the Father, and to the Son, and to the Holy Spirit.
serve the spirit. O blessed hermit of Spruce Island, you have
taught your disciples most wisely in word and deed. Now in
the heavenly places you have the holy vision of the most
Holy Trinity; intercede for those who honor you in
faith and in love!