Stichera at the Praises

The Ascension of the Lord

Let us who are in the world keep festival like the

Angels, and to God, Who is borne upon a throne of

glory, let us sing this hymn aloud: “Holy are

You, heavenly Father; Holy are

You, co-e-trenal Word; // Holy are You, All

[holy Spirit.]
The leaders of the Angels witnessed the strangeness of Your ascent, O Savior, and said to one another in perplexity: "What is this sight? He Whom we see is human in form, yet as God He rises far above..."
rises far above the heavens // ascending there in the flesh.”

The men of Galilee saw You, O Word, taken up from the Mount of Olives in Your body, and heard:

An - gels cry - ing out to them: “Why do you stand gaz - ing? This Jesus will come again in the flesh //
in the same way as you have seen Him."