Stichera at the Praises

Holy Pentecost - The Feast of the Holy Trinity

Today in the city of David all the nations beheld glorious wonders, when the Disciples of Christ had gathered together, and the Holy Spirit came down in tongues of fire, as Luke, inspired of [God, records]
God, records: "A sound came like the rushing of a mighty wind; it filled all the house where they were sitting, and they all began to proclaim strange words, strange doctrines, // strange teachings of the Holy Trinity."
The Holy Spirit was, and is, and ever shall be,

without beginning, without ending, always ranked and numbered with the Father and the Son; He is

Life and the Giver of life; He is Light and the

Giver of light; all good and the

[Fountain of goodness]
Fountain of goodness, through Him the Father is known, the Son is glorified; through Him all people proclaim one power, one ranking, // one worship of the Holy Trinity.

Sticheron 3

The Holy Spirit is Light and Life, a living
Fountain of spiritual gifts, the Spirit of

wisdom and understanding, all-knowing, upright and

good: He leads us and washes away our sins. He is

God, and He makes us gods; He is Fire proceeding from

Fire, speaking and acting and distributing gifts.

[Through Him all . . . ]
Through Him all the Prophets, Martyrs and Apostles of God are crowned. Strange account, strange and wonderful sight:

fire is divided for distributing gifts.