Stichera at the Litya

Triodion - Expulsion of Adam and Eve from Paradise (Cheesefare Sunday)

vs. Glory to the Father, and to the Son, and to the Holy Spirit.

The sun hid its rays, the moon and stars were changed to blood;

the mountains shook with fear, the hills trembled, when Paradise was shut. As he departed, Adam struck his eyes with his hands and said:

“O merciful Lord, have mercy on me who am fallen!”

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Mystically we sing your praises, O Mary Theotokos,
for you were shown to be a throne of the great King, an all-
holy dwelling place wider than the heavens, a chariot of
the Cherubim, and higher than the Seraphim; a bridal chamber of
glory; from you came forth incarnate, the God of all. //

vs. Now, and ever, and unto ages of ages. Amen.
Humbly entreat Him for the salvation of our souls!