Great and Holy Monday

Vespers

Served Monday afternoon or evening

Through the prayers of our holy fathers, Lord Jesus Christ, Son of God, have mercy on us.¹

If the Hours and the Typica preceded Vespers, continue with Come let us worship ... and Ps 103 (see below).

If the Hours & Typica were not said, proceed with the usual beginning, as shown here:

Glory to thee, our God, glory to thee.
O heavenly King, the Comforter, the Spirit of truth, who art everywhere present and fillest all things, Treasury of blessings and Giver of life: come and abide in us; and cleanse us from every impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (thrice)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for thy Name’s sake.

Lord, have mercy. (thrice) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.
[Through the prayers of our holy fathers, Lord Jesus Christ, Son of God, have mercy on us.²]
Amen.

Lord, have mercy. (Twelve times)
Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

¹ If a priest is present, he says the opening exclamation Blessed is our God....
² If a priest is present, he says the exclamation For thine is the Kingdom....
Come, let us worship God our King.
Come, let us worship and fall down before Christ, our King and our God.
Come, let us worship and fall down before Christ himself, our King and our God.

**Psalm 103**

Bless the Lord, O my soul. O Lord my God, thou art greatly magnified; thou art clothed with praise and majesty: covering thyself with light as with a garment, spreading out the heaven as a curtain; who covers his upper chambers with waters, who makes the clouds his chariot, who walks on the wings of the winds, who makes his angels spirits and his ministers a flame of fire; who established the earth on its sure foundation: it shall not be moved for ever and ever. The abyss, like a garment, is his cloak; the waters shall stand upon the mountains. At thy rebuke they shall flee; at the voice of thy thunder they shall be afraid. The mountains rise up and the plains sink down unto the place where thou hast founded them. Thou hast set a bound which they shall not pass, neither shall they return to cover the earth. Thou sendest forth springs in the valleys; the waters shall flow between the mountains. They shall give drink to all the beasts of the field: the wild asses shall wait to quench their thirst. By them shall the birds of heaven dwell, they shall sing from amidst the rocks. He waters the mountains from his upper chambers; the earth shall be satisfied with the fruit of thy works. He makes grass to grow for the cattle, and green herb for the service of men, to bring forth bread out of the earth, and wine makes glad the heart of man; to make his face cheerful with oil, and bread strengthens man's heart. The trees of the plain shall be satisfied, the cedars of Lebanon which thou hast planted. There the sparrows will build their nests, and the house of the heron is chief among them. The high mountains are for the deer, and the rock is a refuge for the hares. He made the moon for seasons: the sun knows its going down. Thou didst appoint darkness, and it was night; wherein all the beasts of the forest will prowl: young lions roaring for their prey to seek their food from God. The sun arose, and they were gathered together and shall lie down in their dens. Man shall go forth to his work and to his labor until the evening. How magnified are thy works, O Lord! In wisdom hast thou made them all; the earth is filled with thy creation: so is this great and wide sea, wherein are things creeping innumerable, living things, both small and great. There go the ships; there this dragon whom thou hast formed to play therein. All things wait upon thee to give them their food in due season. When thou givest to them, they will gather it; when thou openest thy hand, they shall all be filled with good. But when thou turnest away thy face, they shall be troubled: thou wilt take away their spirit, and they shall die and return to their dust. Thou shalt send forth thy Spirit, and they shall be created, and thou shalt renew the face of the earth. Let the glory of the Lord endure forever: the Lord shall rejoice in his works; who looks on the earth and makes it to tremble; who touches the mountains and they smoke. I will sing to the Lord while I live; I will sing praise to my God.
while I have being. May my words be sweet unto him, and I will rejoice in the Lord. O that sinners would cease from the earth, and they that work iniquity, that they should be no more. Bless the Lord, O my soul.

AND AGAIN:
The sun knows its going down. Thou didst appoint darkness, and it was night. How magnified are thy works, O Lord! In wisdom hast thou made them all.
    Glory to the Father and to the Son and to the Holy Spirit,
    now and ever and unto ages of ages. Amen.
    Alleluia. Alleluia. Alleluia. Glory to thee, O God. (thrice)

[Lord, have mercy. (Twelve times) Glory... now and ever... ³]

Read KATHISMA 18 (Ps. 119-133)

PSALM 140

In the first tone:
Lord, I call upon Thee, hear me.
    Hear me, O Lord.
Lord, I call upon Thee, hear me. Receive the voice of my prayer, when I call upon Thee.
    Hear me, O Lord.
Let my prayer arise in Thy sight as incense, and let the lifting up of my hands be an evening sacrifice!
    Hear me, O Lord!

The following verses are read, until the stichera begin:
Set a guard, O Lord, over my mouth, and a strong door about my lips.
Incline not my heart to words of evil, to make excuses for sins;
With men that work iniquity, and I shall never join with their elect.
A righteous man shall chasten me with mercy and reprove me, but let not the oil of the sinner anoint my head.
Since my prayer is even still for their good favor, their judges have been swallowed up near the rock.
They shall hear my words, for they were sweet: as a clod of earth has been crushed upon the earth, so have their bones been scattered near hell.
For mine eyes are toward thee, O Lord, Lord, I have hoped in thee; take not my soul away.
Keep me from the snare which they have set for me, and from the stumbling-blocks of them that work iniquity.
The sinners shall fall into their own net: I am alone until I pass by.

PSALM 141

³ If a priest is present, he says the GREAT LITANY.
I have cried to the Lord with my voice; with my voice have I made supplication to the Lord. I will pour out my supplication before him, I will declare before him my affliction. When my spirit was failing me, still thou knowest my paths. In this way wherein I was walking, they hid a snare for me. I looked on my right hand and beheld, that there was none that recognized me. Refuge failed me, and there is none that looks out for my soul. I cried to thee, O Lord, and said: Thou art my hope, my portion art thou in the land of the living. Attend to my supplication, for I am brought very low; deliver me from them that persecute me, for they have grown stronger than I. Bring my soul out of prison, that I may confess thy name. The righteous shall await me, until thou shalt reward me.

**P S A L M 1 2 9**

Out of the depths have I cried unto thee, O Lord: Lord, hear my voice. Let thine ears be attentive to the voice of my supplication.

(6) If thou, Lord, wilt mark iniquities, O Lord, who shall stand? * For with thee is forgiveness.

Tone 1
As the Lord was going to his voluntary Passion, he said to the Apostles on the way: “Behold, we go up to Jerusalem, and the Son of Man shall be delivered up, as it is written of him.” Come, therefore, let us also go with him, purified in mind. Let us be crucified with him and die through him to the pleasures of this life. Then we shall live with him and hear him say: “I go no more to the earthly Jerusalem to suffer, but to my Father and your Father, to my God and your God. I shall raise you up to the Jerusalem on high in the Kingdom of Heaven.”

(5) For thy Name’s sake have I waited for thee, O Lord: my soul has waited for thy word, * my soul has hoped in the Lord.

As the Lord was going to his voluntary Passion… (repeat the same as above)

(4) From the morning watch until night, from the morning watch * let Israel hope in the Lord.

Tone 5
We have reached the saving Passion of Christ our God. Let us, the faithful, glorify his ineffable forbearance, that in his compassion he may raise us up who were dead in sin, for he is good and loves mankind.

(3) For with the Lord there is mercy, and with him is plenteous redemption, * and he shall redeem Israel from all his iniquities.

We have reached the saving Passion… (repeat the same as above)
(2) **Praise the Lord, all ye nations:** *praise him all ye peoples.*
The mother of Zebedee’s children, O Lord, could not understand the ineffable mystery of thy dispensation. She asked the honor of a temporal kingdom for her sons; but instead, thou didst promise thy friends that they should drink the cup of death, a cup that thou wouldst drink before them for the cleansing of sins. Therefore we cry out to thee: “O Salvation of our souls, glory to thee!”

(1) **For his mercy has prevailed over us,** *and the truth of the Lord endures for ever.*
The mother of Zebedee’s children... *(repeat the same as above)*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

**Tone 5**

Going to thy Passion, O Lord, thou didst take thy Disciples aside and reassure them: “How have you forgotten the words that I once spoke? Is it not written: ‘A prophet cannot be killed but in Jerusalem?’ Now is the time of which I told you. Behold, I am betrayed into the hands of sinners to be mocked. They will nail me to the Cross and deliver me up to burial, regarding me as a dead man, a thing of loathing. Yet take courage, for I will arise on the third day, giving to the faithful joy and life everlasting!”

The evening thanksgiving hymn

O gladsome Light of the holy glory of the immortal Father – heavenly, holy, blessed Jesus Christ! Now that we have come to the setting of the sun and beheld the light of evening, we praise the Father, Son, and Holy Spirit, God. For meet it is at all times to worship thee with voices of praise, O Son of God and Giver of life; therefore, all the world doth glorify thee.

The prokeimenon in the sixth tone:
The Lord bless you from Sion;* may you see the prosperity of Jerusalem.

**Verse:** Blessed is everyone who fears the Lord, who walks in His ways.

The reading from Exodus

*(Exod. 1:1-20)*

These are the names of the sons of Israel that came into Egypt together with Jacob their father; they came in each with their whole family. Ruben, Simeon, Levi, Judas, Issachar, Zabulon, Benjamin, Dan and Nephthalim, Gad and Aser. But Joseph was in Egypt. And all the souls born of Jacob were seventy-five. And Joseph died, and all his
brethren, and all that generation. And the children of Israel increased and multiplied, and became numerous and grew exceedingly strong, and the land multiplied them. And there arose up another king over Egypt, who knew not Joseph. And he said to his nation, “Behold, the race of the children of Israel is a great multitude, and is stronger than we: come then, let us deal craftily with them, lest at any time they be increased, and whenever war shall happen to us, these also shall be added to our enemies, and having prevailed against us in war, they will depart out of the land.” And he set over them task-masters, who should afflict them in their works; and they built strong cities for Pharaoh, both Pitho, and Ramesses, and On, which is Heliopolis. But as they humbled them, by so much they multiplied, and grew exceedingly strong; and the Egyptians greatly abhorred the children of Israel. And the Egyptians tyrannised over the children of Israel by force. And they embittered their life by hard labours, in the clay and in brick-making, and all the works in the plains, according to all the works, wherein they caused them to serve with violence. And the king of the Egyptians spoke to the midwives of the Hebrews; the name of the one was, Sepphora; and the name of the second, Phua. And he said, “When ye do the office of midwives to the Hebrew women, and they are about to be delivered, if it be a male, kill it; but if a female, save it.” But the midwives feared God, and did not as the king of Egypt appointed them; and they saved the male children alive. And the king of Egypt called the midwives, and said to them, “Why is it that ye have done this thing, and saved the male children alive?” And the midwives said to Pharaoh, “The Hebrew women are not as the women of Egypt, for they are delivered before the midwives go in to them.” So they bore children. And God did well to the midwives, and the people multiplied, and grew very strong.

The prokeimenon in the sixth tone:

We bless you * in the name of the Lord.

Verse: Sorely have they afflicted me from my youth.

The reading from Job

(Job 1:1-12)

There was a certain man in the land of Uz, whose name was Job; and that man was true, blameless, righteous, and godly, abstaining from everything evil. And he had seven sons and three daughters. And his cattle consisted of seven thousand sheep, three thousand camels, five hundred yoke of oxen, five hundred she-asses in the pastures, and a very great household, and he had a great husbandry on the earth; and that man was most noble of the men of the east. And his sons visiting one another prepared a banquet every day, taking with them also their their sisters to eat and drink with them. And when the days of the banquet were completed, Job sent and purified them, having risen up in the morning, and
offered sacrifices for them, according to their number, and one calf for a sin-offering for their souls: for Job said, “Lest peradventure my sons have thought evil in their minds against God.” Thus, then Job did continually. And it came to pass on a day, that behold, the angels of God came to stand before the Lord, and the devil came with them. And the Lord said to the devil, “Whence art thou come?” And the devil answered the Lord, and said, “I am come from compassing the earth, and walking up and down in the world.” And the Lord said to him, “Hast thou diligently considered my servant Job, that there is none like him on the earth, a man blameless, true, godly, abstaining from everything evil?” Then the devil answered, and said before the Lord, “Does Job worship the Lord for nothing? Hast thou not made a hedge about him, and about his household, and all his possessions round about? and hast thou not blessed the works of his hands, and multiplied his cattle upon the land? But put forth thine hand, and touch all that he has: verily he will bless thee to thy face.” Then the Lord said to the devil, “Behold, I give into thine hand all that he has, but touch not himself.” So the devil went out from the presence of the Lord.

The reading of the Holy Gospel according to Matthew
(Matt. 24:3-35)

Glory to Thee, O our God, glory to Thee!

At that time, as Jesus sat on the Mount of Olives, the disciples came to him privately, saying, “Tell us, when will this be, and what will be the sign of thy coming and of the close of the age?” And Jesus answered them, “Take heed that no one leads you astray. For many will come in my name, saying, ‘I am the Christ,’ and they will lead many astray. And you will hear of wars and rumors of wars; see that you are not alarmed; for this must take place, but the end is not yet. For nation will rise against nation, and kingdom against kingdom, and there will be famines and earthquakes in various places: all this is but the beginning of the birth-pangs. Then they will deliver you up to tribulation, and put you to death; and you will be hated by all nations for my name’s sake. And then many will fall away, and betray one another, and hate one another. And many false prophets will arise and lead many astray. And because wickedness is multiplied, most men’s love will grow cold. But he who endures to the end will be saved. And this gospel of the kingdom will be preached throughout the whole world, as a testimony to all nations; and then the end will come. So when you see the desolating sacrilege spoken of by the prophet Daniel, standing in the holy place (let the reader understand), then let those who are in Judea flee to the mountains; let him who is on the housetop not go down to take what is in his house; and let him who is in the field not turn back to take his mantle. And alas for those who are with child and for those who give suck in those days! Pray that your flight may not be in winter or on a sabbath. For then there will be great tribulation, such as has not been from the
beginning of the world until now, no, and never will be. And if those days had not been shortened, no human being would be saved; but for the sake of the elect those days will be shortened. Then if any one says to you, ‘Lo, here is the Christ!’ or ‘There he is!’ do not believe it. For false Christs and false prophets will arise and show great signs and wonders, so as to lead astray, if possible, even the elect. Lo, I have told you beforehand. So, if they say to you, ‘Lo, he is in the wilderness,’ do not go out; if they say, ‘Lo, he is in the inner rooms,’ do not believe it. For as the lightning comes from the east and shines as far as the west, so will be the coming of the Son of man. Wherever the body is, there the eagles will be gathered together. Immediately after the tribulation of those days the sun will be darkened, and the moon will not give its light, and the stars will fall from heaven, and the powers of the heavens will be shaken; then will appear the sign of the Son of man in heaven, and then all the tribes of the earth will mourn, and they will see the Son of man coming on the clouds of heaven with power and great glory; and he will send out his angels with a loud trumpet call, and they will gather his elect from the four winds, from one end of heaven to the other. From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see all these things, you know that he is near, at the very gates. Truly, I say to you, this generation will not pass away till all these things take place. Heaven and earth will pass away, but my words will not pass away.  

Glory to Thee, O our God, glory to Thee!

VESPER S: CONCLUDING RITES

Vouchsafe, O Lord, to keep us this evening without sin. Blessed art thou, O Lord, God of our fathers, and praised and glorified is thy Name forever. Amen. 
Let thy mercy, O Lord, be upon us, as we have set our hope on thee. Blessed art thou, O Lord, teach me thy statutes. Blessed art thou, O Master, make me to understand thy statutes. 
Blessed art thou, O Holy One, enlighten me with thy statutes. 
Thy mercy, O Lord, endureth forever: despise not the works of thy hands. To thee is due praise, to thee is due song, to thee is due glory: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen. 

[Lord, have mercy. (Twelve times) Glory... now and ever...4]

4 If a priest is present, he says the LITANY OF SUPPLICATION and the PRAYER OF INCLINATION.
APOSTICHA

Tone 5
Thou didst teach thy disciples, O Lord, to desire what is perfect, saying: “Be not like the Gentiles, who oppress the weak! It shall not be so with you, O my disciples, for of My own will I am poor. Let the first among you, therefore, be the servant of all. Let the ruler be like those who are ruled. Let him who is first be like the last. For I have come to serve Adam in his poverty, and to give my life as a ransom for the many who cry to me: ‘O Lord, glory to thee!’”

Verse: Unto thee have I lifted up mine eyes, O thou that dwellest in heaven. Behold, as the eyes of servants look unto the hands of their masters, as the eyes of a handmaid look unto the hands of her mistress, so our eyes look unto the Lord our God, * until he have compassion on us.
Thou didst teach thy disciples, O Lord… (repeat the same as above)

Verse: Have mercy on us, O Lord, have mercy on us, for we are exceedingly filled with contempt, our soul has been exceedingly filled: a reproach to them that prosper, * and contempt unto the proud.
Tone 8
The fig tree was withered up because it was unfruitful. We should fear the same punishment, O brethren, and bring worthy fruits of repentance to Christ, who brings to us great mercy.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.
Tone 8
The serpent found a second Eve in the Egyptian woman, and plotted the fall of Joseph through words of flattery. But, leaving behind his garment, Joseph fled from sin. He was naked but unashamed, like Adam before the fall. Through his prayers, O Christ, have mercy on us.

THE CANTICLE OF SAINT SIMEON

Lord, now lettest Thou Thy servant depart in peace, according to Thy word. For mine eyes have seen Thy salvation, which Thou hast prepared before the face of all people: a light to enlighten the Gentiles, and the glory of Thy people, Israel.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (thrice)
Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for thy Name’s sake.

Lord, have mercy. (thrice) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

[Through the prayers of our holy fathers, Lord Jesus Christ, Son of God, have mercy on us.] Amen.

And we sing these Lenten troparia in the 4th tone:

Rejoice, O Virgin Theotokos, Mary Full of Grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, for you have born the Savior of our souls. (prostration)

Glory to the Father, and to the Son, and to the Holy Spirit.

O Baptizer of Christ, remember us all, that we may be delivered from our iniquities, for to you is given grace to intercede for us. (prostration)

Now and ever and unto ages of ages. Amen.

Intercede for us, O Holy Apostles and all the saints, that we may be delivered from perils and sorrows, for we have acquired you as fervent intercessors before the Savior. (prostration)

Beneath your compassion we take refuge, O Theotokos. Do not despise our supplications in adversity, but deliver us from perils, O only pure and only blessed one.

Lord, have mercy. (40 times)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.
More honorable than the cherubim and more glorious, beyond compare, than the seraphim: without corruption thou gavest birth to God the Word; true Theotokos, we magnify thee.

O heavenly King, strengthen the Orthodox Christians, confirm the Faith, calm the nations, give peace to the world, preserve well this holy church (or: this household, or: this city), grant repose in the mansions of the righteous to our fathers and brethren who have departed this life and accept us in repentance and confession, for thou art Good and the Lover of mankind.

**PRAYER OF ST EPHREM**

O Lord and Master of my life, give me not a spirit of sloth, despair, lust of power, and idle talk. (prostration) But give rather a spirit of chastity, humility, patience, and love to thy servant. (prostration) Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother: for blessed art thou unto ages of ages. Amen. (prostration)

And we make twelve bows from the waist, quietly saying O God, cleanse me a sinner each time. And again, the whole prayer O Lord and Master... with only one prostration at the end.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (thrice)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for thy Name’s sake.

Lord, have mercy. (thrice) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

[Through the prayers of our holy fathers, Lord Jesus Christ, Son of God, have mercy on us.]
Amen.

Lord, have mercy. (Twelve times)
O All-holy Trinity, thou O consubstantial Power, undivided Kingship, the Cause of all good things, show Thy mercy on me, a sinner, confirm my heart and fill it with understanding, and take away all my defilement. Enlighten my mind, that I may ever glorify, sing, and worship Thee, and say: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen.

Blessed be the Name of the Lord from henceforth and forevermore. (Thrice)
Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

PSALM 33
I will bless the Lord at all times; his praise shall continually be in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O magnify the Lord with me, and let us exalt his Name together. I sought the Lord, and he heard me, and delivered me from all mine afflictions. Come unto him and be enlightened, and your faces shall not be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his afflictions. The angel of the Lord will encamp round about them that fear him, and shall deliver them. O taste and see that the Lord is good. Blessed is the man that hopes in him. O fear the Lord, all ye his saints, for there is no want to them that fear him. Rich men have turned poor and gone hungry, but they that seek the Lord shall not lack any good thing. Come, ye children, hearken unto me; I will teach you the fear of the Lord. What man is there that desires life, who loves to see good days? Keep thy tongue from evil, and thy lips from speaking deceit. Turn away from evil, and do good; seek peace, and pursue it. The eyes of the Lord are upon the righteous, and his ears are open unto their prayer. But the face of the Lord is against them that do evil, utterly to destroy their memory from the earth. The righteous cried, and the Lord heard them, and delivered them out of all their afflictions. The Lord is near to them that are of a contrite heart, and will save the humble in spirit. Many are the afflictions of the righteous, but the Lord shall deliver them out of them all. The Lord keeps all their bones; not one of them shall be broken. The death of sinners is evil, and they that hate righteousness will go wrong. The Lord will redeem the souls of his servants, and none of them shall go wrong that hope in him.
DISMISSAL

It is truly meet to bless thee, O Theotokos, ever-blessed and most pure and the Mother of our God. More honorable than the cherubim and more glorious beyond compare than the seraphim: without corruption thou gavest birth to God the Word. True Theotokos, we magnify thee. (prostration)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.
Lord, have mercy. (Thrice) O Lord, bless!
O thou who art going to thy voluntary Passion for our salvation, Lord Jesus Christ, Son of God, through the prayers of Thy most pure Mother and of all the saints, have mercy on us and save us, for thou art good and lovest mankind.

---

5 If a priest is present, the dismissal is said according to the form established in Hieratikon (vol. 1).