The image of God was truly preserved in you,

O Mother, for you took up the Cross and followed Christ. By so doing you taught us to disregard the flesh for it passes away but to care instead for the soul, since it is immortal. Therefore your
spirit, venerable Theodora, rejoices with the angels.
“Glory...” & “Now and ever...”
as sung before Troparia and Kontakia
Tone 8

1. “Glory...” alone.  arr. from Imperial Court Chant

2. “Now and ever...” alone.

3. “Glory...” & “Now...” together: Sing #1 followed by #2.

Note: “Glory...” and/or “Now and ever...” is sung in the Tone and melody that follows.