We glorify Your Resurrection on the third day, O Christ God,
by always honoring Your life-creating Cross; by it, You have
renewed the corrupted nature of man, O almighty One.
By it, You have renewed our entrance to heaven, for You
are good and the Lover of man.
Sticheron 2

You loosed the Tree's verdict of disobedience, O Savior,

by being voluntarily nailed to the tree of the Cross. By descend-ing

to hell, O al-might-y God, You broke the bonds of death.

Therefore, we adore Your Resurrection from the dead, singing in joy:

"Glory to You, O all-power-ful Lord!"
Sticheron 3

You smashed the gates of hell, O Lord, and by Your death

You demolished the kingdom of death. You delivered

the race of men from corruption, granting the world life, incorruption and great mercy.

Sticheron 4

Come, O people, let us sing of the Savior's Resurrection on
the third day! By it, we have been freed from the unbreakable bonds of hell. By it, we have received life and incorruption. Save us by Your Resurrection!/

O Life-creating and almighty Savior, glory to You!

Sticheron 5

Angels and men sing of Your Resurrection on the third day,
O Savior. By it the ends of the earth have been illumined.

By it, we have been delivered from bondage to the Enemy.

Save us by Your Resurrection! O Life-creating and almighty Savior, glory to You!

You have shattered the gates of brass and destroyed the chains.
of death, O Christ God. You have raised the fallen human

race.// O Lord, risen from the dead,-- glory to You!

O Lord, Your begetting from the Father is timeless and everlasting. Your incarnation from the Virgin is beyond words and understanding. Your descent into hell
is terrible for the devil and his angels. You have trampled on death, rising on the third day, //

and granting men incorruption and great mercy.